

# Community Resource Guide



A quick guide to basic services available in **Nemaha County, Kansas**

Information is provided as a community service and does not necessarily constitute endorsement. This is not a complete list of resources; information is updated annually.

## Medical

### Local Health Services/Clinics

|  |                |
|--|----------------|
| Nemaha County Community Health Services .....  | (785) 284-2152 |
| Nemaha Community Health Clinic, Seneca ( <i>WIC, Immunizations, health dept.</i> ) .....     | (785) 336-2330 |
| Nemaha Valley Community Hospital, Seneca.....  | (785) 336-6181 |
| Kanza Mental Health & Guidance Center, Seneca ( <i>substance abuse, mental health</i> )..... | (785) 742-7113 |
| Nemaha Community Health Clinic, Sabetha .....  | (785) 284-2152 |
| Kanza Mental Health & Guidance Center, Sabetha .....   | (785) 284-2121 |
| Community Health Care, Corning .....   | (785) 868-2000 |
| Salvation Army, Atchison ( <i>health services and prescription costs</i> ).....              | (913) 367-1207 |

### Mental Health and Substance Abuse Services

|  |  |
|--|--|
| Kanza Mental Health & Guidance Center, Seneca ( <i>substance abuse, mental health</i> ).....                 | (785) 742-7113   |
| Kanza Mental Health & Guidance Center, Sabetha .....   | (785) 284-2121   |
| Nemaha Community Health Clinic, Sabetha .....  | (785) 284-2152   |
| Kanza Mental Health & Guidance Center, Holton .....  | (785) 364-4536   |
| Mobile Crisis Helpline ( <i>for Kansans 0-20 yrs. old and foster care children, current and past</i> ) ..... | (833) 441-2240   |
| Kansas Ag Stress helpline .....  | (800) 447-1985   |
| National Alliance on Mental Illness (NAMI) .....   | (800) 539-2660   |
| National Suicide Prevention Lifeline.....  | (800) 273-8255   |
| Alcohol and Drug Abuse Helpline .....  | (866) 645-8216   |
| Substance Abuse Helpline (SAMHSA) .....  | (800) 662-4357   |
| Alcoholics Anonymous in Kansas .....   | <a href="http://www.alcoholicsanonymous.com">www.alcoholicsanonymous.com</a> |

## Help for Sexual and Domestic Violence (added 2/2022)

- Kansas Coalition Against Sexual and Domestic Violence..... (785) 232-9784  
[\Kansas Coalition Against Sexual and Domestic Violence \(KCSDV\)](#)  
Kansas Sexual and Domestic Violence Service Providers – Find Services Near You. [Kansas Sexual and Domestic Violence Organizations – Find on Map | Kansas Coalition Against Sexual and Domestic Violence \(KCSDV\)](#)  
Safety Plan for Victims [Safety Plan for Victims of Domestic Violence | Kansas Coalition Against Sexual and Domestic Violence \(KCSDV\)](#)  
Kansas Crisis Hotline ..... (888) 363-2287  
National Domestic Violence Hotline ..... (800) 799-7233  
..... SMS: Text START to 88788

## Dental Services

- Dental Implant Center of NE Kansas, Sabetha.....(785) 284-3911  
Kansas Donated Dental Services.....(785) 273-1900 or (888) 870-2066  
Kansas Donated Dental Services Online Application..... <https://dentallifeline.org/kansas/>  
Smiles Change Lives (*discounted braces*) ..... <https://www.smileschangelives.org/>  
Smiles for Success ..... <https://smilesforsuccess.org/>

## Eye Care

- Nemaha Community Health Clinic, Sabetha .....(785) 284-2152  
Whitaker Eye Associates, Sabetha .....(785) 284-2139  
International Lions Club (*provides free eye exams and eyeglasses to qualified participants*).....(316) 773-2100  
International Lions Club-Harper (*provides free eye exams and eyeglasses to qualified participants*)  
.....(620) 842-7064  
Kansas Dept. for Aging and Disability Services (*Blind and Visually Impaired*) ..... (866) 213-9079  
Envision Vision Rehab Center, Wichita.....(316) 440-1600  
Vision USA .....(620) 231-4230  
EyeCare America .....(877) 887-6327  
See To Learn (*3-year-olds*) .....(800) 960-3937

## Prescription Services

- Nemaha Community Health Clinic, Sabetha (*prescription services*).....(785) 284-2152  
Prescription Assistance Program..... [www.KansasDrugCard.com](http://www.KansasDrugCard.com)  
Needy Meds (*helps with cost of medicine*) ..... [www.needymeds.org](http://www.needymeds.org)  
Rx Assist..... [www.rxass0069st.org](http://www.rxass0069st.org)

Salvation Army, Atchison (*health services and prescription costs*) .....(913) 367-1207

## Assistive Equipment

Three Rivers Center for Independent Living (*helps people with disabilities*).....(785) 966-8344  
Nemaha County CDDO, Seneca .....(785) 336-5330  
Assistive Technology for Kansans .....(800) 526-3648  
Assistive Technology for Kansans, Nemaha.....(785) 827-9383  
Kansas Equipment Exchange .....(800) 526-3648  
K-Loan .....(620) 421-6554

## Other Health Services

Area Agency on Aging, Hiawatha.....(785) 742-7152  
KanCare/Medicaid eligibility and renewal, KanCare Clearinghouse .....(800) 792-4884  
KanCare application, benefits and assistance.....[www.kancare.ks.gov](http://www.kancare.ks.gov)  
KanCare Ombudsman office.....(855) 643-8180  
.....[www.KanCareOmbudsman.ks.gov](http://www.KanCareOmbudsman.ks.gov)  
Ryan White Outreach Program .....(316) 293-2652  
Ryan White Part B Program, Topeka.....(785) 232-3100  
Senior Health Insurance Counseling for Kansas (SHICK), Hiawatha .....(785) 742-7152  
Medicare .....(800) 633-4227  
Senior Health Insurance for Kansans, Gina Brewer.....(316) 337-7107  
Early Detection Works (for breast and cervical cancer issues) .....(877) 277-1368  
Community Care Network of Kansas [www.communitycareks.org](http://www.communitycareks.org) .....(785) 233-8483  
Kansas Special Health Care Needs (SHCN) Program (*infants to age 21*).....(785) 826-6600  
Kansas State Farmworker Health Program, Topeka .....(785) 296-2671

## Information and Referral

### Local Resources

Three Rivers Center for Independent Living (*helps people with disabilities*).....(785) 966-8344  
Nemaha County CDDO, Seneca (*Disability services & equipment*).....(785) 336-5330  
Kansas Legal Service, Seneca (*law firm assisting low-income families*).....(785) 336-6016  
Catholic Charities Mobile Resource Bus, Seneca.....(913) 433-2039  
Nemaha Community Health Clinic, Sabetha (*car seats, baby immunization, etc.*).....(785) 284-2152  
Onaga Senior Center, Onaga .....(785) 889-4402  
Northeast Kansas Area Agency on Aging, Hiawatha .....(785) 742-7154  
Three Rivers Independent Living Center, Wamego (*serves Nemaha County*) .....(785) 456-9915  
United Way, Sabetha .....(785) 284-2152

|  |  |
|--|--|
| Salvation Army, Atchison ( <i>health services and prescription costs</i> ).....          | (913) 367-1207   |
| Parent Helpline <a href="http://www.1800CHILDRENKS.org">www.1800CHILDRENKS.org</a> ..... | (800) 244-6373   |
| Find local help and resources.....   | <a href="http://www.Findhelp.org">www.Findhelp.org</a>                           |
| 211 through United Way of the Plains (Central Kansas).....                               | (316) 267-1321   |
| .....  | <a href="http://www.unitedwayplains.org">www.unitedwayplains.org</a>             |
| Support groups in Kansas.....  | <a href="http://www.supportgroupsinkansas.org">www.supportgroupsinkansas.org</a> |

## Regional/State Organizations

|  |                        |
|--|------------------------|
| Three Rivers Center for Independent Living, Wamego .....   | (785) 456-9915         |
| Area Agency on Aging, Hiawatha .....                       | (785) 742-7152         |
| Assistive Technology for Kansans .....                     | (800) 526-3648         |
| Assistive Technology for Kansans, Nemaha .....             | (785) 827-9383         |
| Center for Prairie independent Living Resource Center..... | (620) 663-3989         |
| Families Together, Topeka.....                             | (785) 233-4777         |
| Kansas Commission on Veterans Affairs, Hiawatha .....      | (785) 742-7152         |
| Kansas Department for Children and Families, Topeka .....  | (785) 296-2500         |
| Kansas Legal Services, Seneca.....                         | (785) 336-6016         |
| Kansas Rehabilitation Services, Hiawatha.....              | (785) 742-7186 Ext 211 |
| Kansas Rural Development, Topeka.....                      | (785) 271-2700         |
| K-Loan, Parsons .....                                      | (620) 421-6554         |
| Nemaha County Training Center.....                         | (785) 336-6116         |
| Social Security, Manhattan .....                           | (877) 840-5741         |
| Aging and Disability Resource Center, Hiawatha.....        | (785) 742-7152         |
| Long Term Care Ombudsman, Sue Schuster .....               | (785) 230-0715         |
| Elder Hotline ( <i>legal assistance for elders</i> ).....  | (888) 353-5337         |
| Disability Rights Center.....                              | (785) 273-9661         |

## Food

|  |                |
|--|----------------|
| Catholic Charities Mobile Resource Bus, Seneca.....                                    | (913) 433-2039 |
| Meals on Wheels, Seneca .....  | (785) 336-3091 |
| Nemaha County Food Pantry, Seneca .....  | (785) 334-2929 |
| Meals on Wheels, Sabetha .....   | (785) 284-3594 |
| Community Pantry, Sabetha .....  | (785) 285-8132 |
| Sabetha Rural Mobile Food Pantry .....   | (785) 284-2293 |
| Wetmore Bible Church, Wetmore .....  | (785) 866-2800 |
| Veterans Club of Jackson County, Holton .....  | (785) 986-6653 |
| Moms Meals Nourish Care <a href="http://www.momsmeals.com">www.momsmeals.com</a> ..... | (877) 508-6667 |

Salvation Army, Atchison .....(913) 367-1207

## Transportation

Nemaha County Public Transportation, Seneca (*weekdays 730a-430p*) .....(785) 336-8011  
Salvation Army, Atchison (*health services and prescription costs*).....(913) 367-1207  
Community Healthcare System Inc (*weekdays 730a-4p* .....(785) 889-5121  
Kanza Mental Health (*weekdays 8a-4p*) .....(785) 742-7113

## Shelter

### Homeless Shelters/Transitional Housing

Nek-Cap, Seneca.....(785) 336-2927  
Topeka Rescue Mission Ministries.....(785) 354-1744  
Salvation Army, Atchison (*health services and prescription costs*).....(913) 367-1207  
Homeless Veterans .....(877) 223-8387  
VASH Voucher Program for Veterans.....(620) 624-0280 x23

### Rent & Utilities

Nek-Cap.....(785) 742-2222  
Nek-Cap, Kristy Morey (*rental/deposit assistance*) .....(785) 742-2222 Ext. 156  
Nemaha County Step Foundation, Seneca (*financial grants for qualifying applicants*) .....(785) 410-0543  
Salvation Army, Atchison (*health services and prescription costs*).....(913) 367-1207  
Community Action Inc (*weatherization*).....(785) 836-4500  
VASH Voucher Program for Veterans.....(620) 624-0280 x23

### Landlord Issues

Housing and Credit Counseling [www.hcci-ks.org](http://www.hcci-ks.org) .....(800) 383-0217  
Kansas Housing Resources Corporation [www.kshousingcorp.org](http://www.kshousingcorp.org) .....(785) 217-2001

### Housing

Sabetha Housing Authority, Sabetha .....(785) 284-3075  
Kansas Housing Resources Corporation (*includes weatherization assistance*).....(785) 217-2001  
.....[www.kshousingcorp.org](http://www.kshousingcorp.org)  
Kansas Rural Development, Seneca .....(785) 336-3543  
Affordable Housing .....[www.affordablehousingonline.com](http://www.affordablehousingonline.com)

## Other Resources

[Kansas Commission on Disability Concerns \(KCDC\)](#) Choose “Life Resources” or “Youth” at top of page.

Kansas Commission on Disability Concerns.....(800) 295-5232

Nemaha County Services .....[www.ncchsk.org](http://www.ncchsk.org)