



House Social Services Budget Committee Meeting

**KanCare 101- LTSS and Behavioral Health
January 18, 2017**

Presented by: Commissioner Brad Ridley

KDADS Vision

Vision

- Our agency slogan is “The right care, at the right time, in the right place.” And our intent is to provide the care that individuals need in the least restrictive setting possible.
- KDADS is the “operating agency” for both behavioral health and long-term services under KanCare. We work closely with KDHE to carry out these KanCare programs.

KDADS Role in KanCare

- KDADS' role in KanCare is to manage the provision of services to individuals with disabilities and older Kansans who need services in their home, services in their community or nursing facility care.
- KDADS also manages services to individuals with behavioral health needs, including mental health and substance abuse. Behavioral health services are provided both within and independent of KanCare.

Medicaid HCBS Waivers

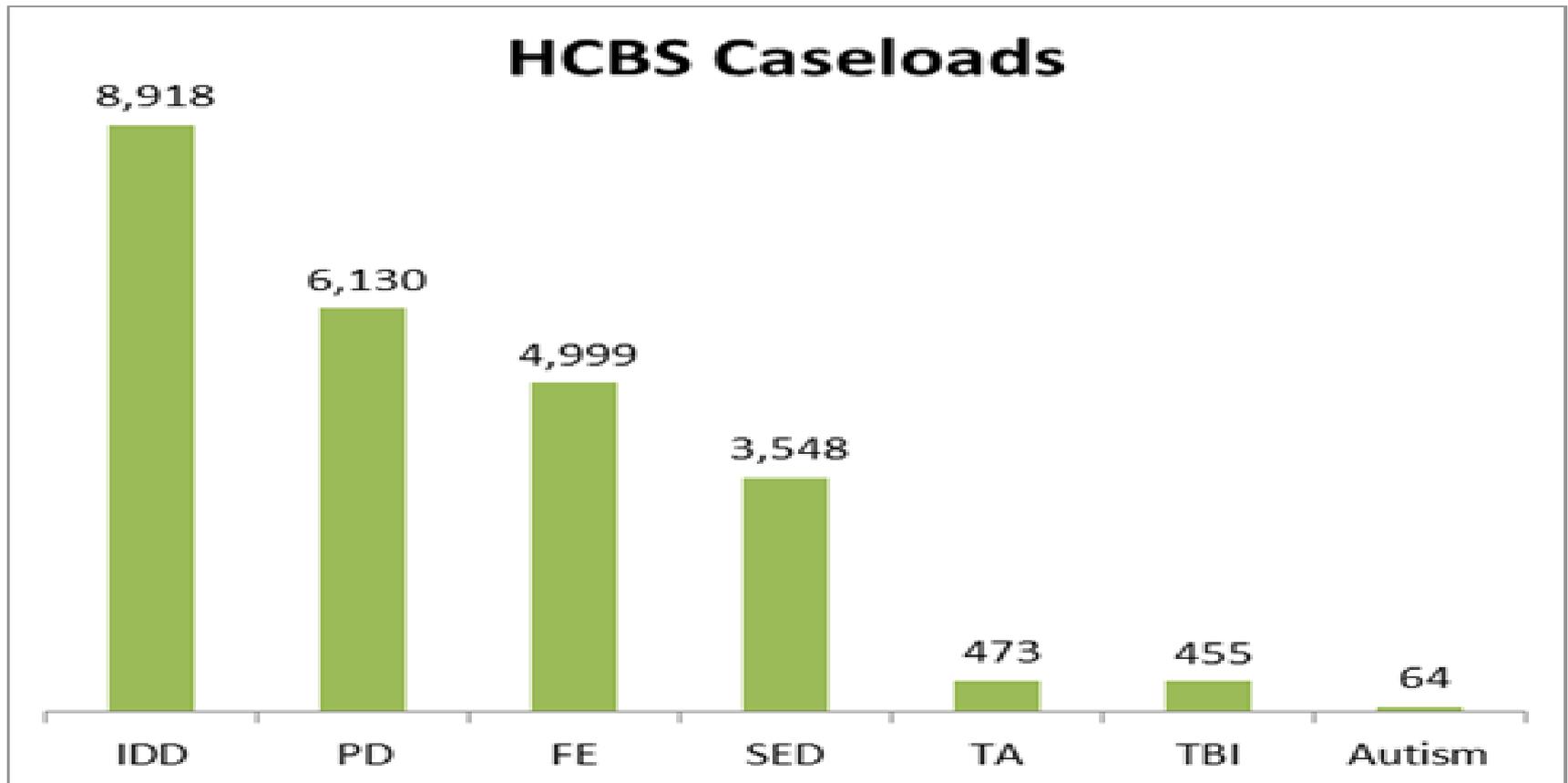
- KDADS operates the 7 Medicaid waivers under KanCare. These waivers are the way the State provides home- and community-based services (HCBS) to individuals with disabilities and to the frail elderly.
- These are services that allow these individuals to continue to live in their homes and communities, rather than be cared for in an institutional setting. We call these “long-term services and supports (LTSS),” and use that term interchangeably with the term “HCBS.”

Medicaid HCBS Waivers

The 7 HCBS Waiver Programs are:

- Autism, for children who begin receiving services before the age of 6
- Frail Elderly (FE), for individuals 65 years of age and older who need help with the tasks of daily life in order to remain in their homes
- Intellectual and Developmental Disability (IDD) for individuals over the age of 5 years
- Physical Disability (PD), for individuals age 16-64
- Serious Emotional Disturbance (SED) for individuals between the ages of 4 and 18
- Technology Assisted (TA), for individuals from birth to age 21
- Traumatic Brain Injury (TBI), for individuals between the ages of 16 and 64

HCBS Caseloads



Autism Waiver Summary

Children with an appropriate diagnosis are able to apply for the Autism waiver program. Services are provided to children diagnosed with:

- Autism
- Asperger's Syndrome
- Pervasive Developmental Disorder – Not Otherwise Specified

Currently, the Autism Waiver provides the following services:

- Intensive Individual Supports
- Respite Care
- Consultative Clinical and Therapeutic Services (Autism Specialist)
- Family Adjustment Counseling
- Interpersonal Communication Therapy
- Parent Support and Training (peer to peer) Provider

Autism Waiver Summary

- KDADS has submitted an Autism Waiver Renewal proposal to CMS that would transition three of these services to the Medicaid State Plan.
- Once this transition is accomplished, all children in KanCare will be able to access services that were previously only available to beneficiaries on the Autism Waiver.
- This will allow more children with Autism to receive intensive early intervention and treatment. The three services transitioning to the Medicaid State Plan include:
 - Interpersonal Communication Therapy
 - Consultative Clinical and Therapeutic Services (Autism Specialist)
 - Intensive Individual Supports

Autism Waiver Summary

- The Autism Waiver will continue to offer three services designed to support families. Those services include:
 - Respite Care
 - Family Adjustment Counseling
 - Parent Support and Training (peer to peer) Provider.

Frail Elderly (FE) Waiver Summary

- Home- and Community-Based Services (HCBS) for the Frail Elderly (FE) provides an option for Kansas seniors who qualify functionally to receive community-based services as an alternative to nursing facility care. These HCBS services allow them to remain in their homes.
- These services include personal care, assistance with household tasks and health/medical services. The program promotes living independently with their community. For some the waiver helps to identify residences and living situations for them that allow them to live in the most integrated environment possible.

Frail Elderly (FE) Waiver Summary

- To be eligible for the Frail Elderly waiver program individuals must meet the following criteria:
 - Be 65 years of age
 - Meet Medicaid income eligibility guidelines
 - Meet the Medicaid long-term care threshold

Intellectual/Developmental Disability (IDD) Waiver Summary

- Delivers community based services to individuals age five and older who have a developmental disability, meet the definition of intellectual disability and who are eligible for care in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID).
- The services allow them to live in the community as independently as possible in single-residence or group-home settings.
- Services include personal care assistance
 - Help with bathing, toileting, laundry, light housekeeping, and health-related care.
- Other services include day programs, medical-alert device rental, financial management services, sleep support, supportive employment and wellness monitoring.

Intellectual/Developmental Disability (IDD) Waiver Eligibility

- Unlike the other waivers, there is a single point of entry for the HCBS I/DD waiver program in Kansas.
- These are the local Community Developmental Disability Organizations (CDDOs).
- The CDDOs determine waiver eligibility and work with individuals and/or their families to access services from a variety of KanCare Community Service Providers in their area.

Physical Disability (PD) Waiver Summary

- The Physical Disability (PD) Waiver Program serves individuals age 16 to 65 years of age who meet the criteria for nursing facility placement due to their physical disability, who are determined disabled by the Social Security Administration, who need assistance performing the normal tasks of daily life in order to live in their own homes and who meet the Medicaid nursing facility threshold.
- Services available under the PD waiver program include personal and assistive services, sleep support, and medical alert device rental and personal emergency response systems, as well as installation of those systems.

Serious Emotional Disturbance (SED) Waiver Summary

- The Serious Emotional Disturbance (SED) waiver serves children from 4 to 18 years of age who experience serious emotional disturbance and who are at risk of needing inpatient psychiatric treatment.
- The term “serious emotional disturbance” refers to a diagnosed behavioral health condition that substantially disrupts a child's ability to function socially, academically and/or emotionally.

Serious Emotional Disturbance (SED) Waiver Summary

- SED waiver program services provide children with special intensive support so they may remain in their homes with their families. Parents and children are actively involved in planning for all services.
- Local Community Mental Health Centers (CMHCs) provide services covered by the program such as individual and group therapy, parent support and training, independent living skills to help waiver participants to continue their education and to eventually become employed and obtain transportation and housing.
- These services also include short-term respite care for the child's family caregivers and direct support in the form of attendant care.
- Children in this waiver program are provided with a wraparound facilitator who works with their families and providers to set treatment goals and decide on specific services for the children and their families.

Technology Assisted (TA) Waiver Summary

- The Technology Assisted (TA) waiver program serves individuals from birth through 21 years of age who are chronically ill or medically fragile and dependent upon a ventilator or other medical device to compensate for the loss of vital bodily function.
- In addition to the medical technology dependency criteria, the child must meet nursing acuity needs criteria that identifies the level of skilled and unskilled care that is necessary to support the individual with his/her care needs so that he/she may remain in his/her own home.

Technology Assisted (TA) Waiver Summary

- These are children who require substantial and ongoing daily care by a nurse that is comparable to the level of care provided in a hospital setting or care provided by another qualified caregiver under the supervision of a nurse to avert death or further disability; or children who are hospitalized or at imminent risk of hospitalization whose illness or disability, in the absence of home care services, would require admission to a hospital.

Traumatic Brain Injury (TBI) Waiver Summary

- The Traumatic Brain Injury (TBI) waiver program serves individuals 16 to 65 years of age who have sustained a traumatic brain injury and who would otherwise require institutionalization in a TBI rehabilitation facility.
- This waiver program provides the services needed after injury to ensure that individuals can stay in their homes and be as independent as possible in a safe, healthy environment.
- The TBI Program is not considered a long-term care program and is designed to be a rehabilitative program that provides therapies and services that allow the individual to improve and become able to rely less on supports as independence increases.

Traumatic Brain Injury (TBI) Waiver Summary

- The brain injury must be traumatically-acquired, that is, caused by an external physical force, such as blunt or penetrating trauma or from accelerating-decelerating forces. The injury must temporarily or permanently impair an individual's behavioral, cognitive or physical functions.
- The common injuries resulting in trauma to the brain includes, but is not limited to, the following:
 - Falls, which involve a forceful blow to the head, not generally consistent with concussion or minor injury
 - Motor vehicle accidents with resulting head trauma
 - Struck by/against, including collision with a moving or stationary object
 - Assaults, repeated blows to the brain

Traumatic Brain Injury (TBI) Waiver Summary

- If a traumatic brain injury is obtained prior to the age of 21 years, the individual may be considered developmentally disabled and will be referred to a CDDO prior to TBI screening. CDDOs are required to assess all persons with developmental disabilities for the IDD waiver program.
- In order to qualify for the TBI waiver program, individuals must meet the following eligibility guidelines:
 - Have a traumatic brain injury.
 - Be 16 to 65 years of age
 - Meet the criteria for TBI rehabilitation hospital placement (which is determined by the screening).
 - Meet the financial guidelines to qualify for Medicaid

Traumatic Brain Injury (TBI) Waiver Summary

- Services that can be offered under the TBI waiver program include rehabilitation therapies such as physical therapy and speech therapy, cognitive rehabilitation, personal services to assist in completing tasks of daily living, a medical-alert device, transitional living skills, home-delivered meal services and medication reminder services.

HCBS Waiver Institutional Alternatives

- The Provision of HCBS services allows individuals to remain in the community to avoid residing in the following institutional settings
- Nursing Facility – Alternative to the FE and PD participants
- Head Injury Rehabilitation Facility – Alternative for TBI participants
- Hospital – Alternative for TA participants
- Intermediate Care Facility – Alternative for IDD participants
- State Institution for Children - Alternative for child focused Waivers

Behavioral Health Services Under KanCare

- Mental Health (MH)
- Substance Use Disorder (SUD)
- PRTF – Psychiatric Residential Treatment Facility (PRTF)

Substance Use Disorder (SUD) Services Under KanCare

- **Level I Outpatient:**

- Nonresidential treatment consisting of group, individual, and/or family counseling.
 - Client 18 or older – 8 hours or less of scheduled counseling service are provided each week
 - Client <18 – 5 hours or less of scheduled counseling services are provided each week

- **Level II Intensive Outpatient Treatment/Partial Hospitalization:**

- Intensive outpatient treatment consists of group, individual and/or family counseling.
 - Client 18 or older – a minimum of 9 hours of scheduled counseling service are provided each week
 - Client <18 – a minimum of 6 hours of scheduled counseling services are provided each week

Substance Use Disorder (SUD) Services Under KanCare

Level III and IV Residential/Inpatient Treatment:

- Reintegration treatment and Intermediate treatment provides a regimen of structured services in a 24-hour staffed (awake on all shifts) residential setting where people are housed in or affiliated with permanent facilities where individuals can reside safely. Settings differ on how many qualified staff per clients are assigned, the number of counseling hours provided, and the number of scheduled, structured activities are included.
- Acute Detox provides care to those individuals whose withdrawal signs and symptoms are sufficiently severe enough to require primary medical and nursing care services in a residential setting. 24 hour observation, monitoring and counseling services are available.
- Auxiliary Services: Assessment/Referral; Medicaid Case Management; Peer Support; Medication-Assisted Treatment (MAT); Crisis Intervention; and Screening, Brief Intervention, and Referral to Treatment (SBIRT)

Mental Health (MH) Services Under KanCare

Outpatient Therapy and Medication Management:

- Evaluation, assessment and testing, individual, group, and family therapy, medication management and administration, case conference

Inpatient or Rehabilitation Services:

- Community psychiatric support and treatment, psychosocial rehabilitation, crisis intervention, adult psychiatric inpatient, PRTF services for youth

Other Services

- Targeted case management for specific populations, Kan-Be-Healthy evaluation and assessment, service plan development, attendant care and peer support

Psychiatric Residential Treatment Facilities (PRTFs)

PRTFs:

- Provide out-of-home residential psychiatric treatment to children and adolescents whose mental health needs cannot be effectively and safely met in a community or out-patient setting.
- These programs provide active treatment in a structured therapeutic environment for children and youth with significant functional impairments resulting from an identified mental health diagnosis, substance use diagnosis, head injury, or other disabilities which involve mental health issues.
- These facilities have nothing to do with initial diagnosis of mental illness or substance use, or with temporary crisis placement. PRTFs provide these young consumers with “non-emergent” (that is, non-urgent) psychiatric care in order to ensure that such care is provided in the least restrictive setting possible that is effective.

Psychiatric Residential Treatment Facilities (PRTFs)

PRTFs:

- Provide planned treatment, not acute treatment. A youth may be admitted to a PRTF because, for example, he or she has been stabilized in an acute inpatient hospital unit but needs a continuing course of treatment in a residential inpatient setting, or because community treatment has not been effective.
- The residential treatment facility is expected to work actively with the family and other agencies to offer trauma-informed, medically appropriate treatment designed to meet the individual needs of the residents.
- There are currently 11 PRTFs across the State of Kansas.

KDADS KanCare Related Acronyms

- HCBS – Home and Community Based Services
- LTSS – Long Term Services and Supports
- MLTSS – Managed Long Term Services and Supports
- FE - Frail Elderly
- TBI – Traumatic Brain Injury
- PD – Physically Disabled
- SED – Serious Emotional Disturbance
- TA – Technology Assisted
- IDD – Intellectual/Developmentally Disabled
- ICF – Intermediate Care Facility
- NF – Nursing Facility

KDADS KanCare Related Acronyms

- NFMH – Nursing Facility for Mental Health
- PRTF – Psychiatric Residential Treatment Facility
- MH – Mental Health
- BH – Behavioral Health
- SUD – Substance Use Disorder