

Health Homes Herald

September, 2014

Volume 1, Issue 12

Helping people live healthier lives by integrating and coordinating services and supports to treat the “whole-person” across the lifespan.

Focus on Health Action Plans

Eight weeks into the implementation of the SMI Health Homes, we hope that most of you are well on your way to ensuring that each Health Home member has a completed Health Action Plan (HAP) on file.

The Health Home system in Kansas requires every member to have an updated Health Action

Plan to support their individual health goals.

While the state has provided training and instruction on the HAP, the WSU Center for Community Support & Research (CCSR) also conducted an in depth training on how to write Health Action Plans on September 9th.

If you missed that training, don't worry.

This training will be repeated and many resources are currently available on the Health Homes website at:

http://www.kancare.ks.gov/health_home/providers_materials.htm

For questions, please contact KDHE at healthhomes@kdheks.gov or call (785) 296-3981.

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Upcoming News and Events

- Weekly SMI Implementation Calls — Thursdays at 10:00am
- Bi-weekly CC Stakeholder Calls — Wednesdays at noon.
- Health Homes Learning Collaborative — September, 2014.

Questions?

Email: healthhomes@kdheks.gov

Phone: (785) 296-3981

Health Homes Manager: Rick Hoffmeister

While I am eager to help answer questions and will do my best to continue to help providers navigate the new Health Homes program, I'd like to take this opportunity to remind everyone that Protected Health Information (PHI) is protected information and should not be sent via email unless that email is encrypted. Protection of PHI is something that the state takes very seriously. The transmission of unsecure PHI will be reported, to the US Department of Health and Human Services, and can carry a fine of up to \$16,000 per occurrence. Please be vigilant to protect our members' PHI and, as always, you may contact me with questions or concerns.

Email: rhoffmeister@kdheks.gov

Phone: (785) 368-6260



Consumers' Frequently Asked Questions

I am assigned to a Health Home but I want to work with another Health Home instead. What do I do?

You may ask to change your Health Home partner at any time. We have tried to assign members to Health Home partners that they already work with but it is your choice if you want to work with a different Health Home partner. If you'd like to hear about other Health Home partners available in your area, please call your MCO. Remember, Health Homes do not replace any services. If you ask to change your Health Home partner, you will still get the care that you are already receiving.

If you have questions or would like to learn more about Health Homes please call Samantha Ferencik:

Email: sferencik@kdheks.gov

Phone: (785) 296-8001

Update from Wichita State University Center for Community Support & Research

The WSU Center for Community Support & Research is excited to announce the launch of two peer-learning opportunities for contracted Health Home Providers!

- The **Health Homes Learning Collaborative** is an opportunity for contracted Health Home Partner organizations, professional associations, Lead Entities and State Program leaders to come together to assure that the Health Homes Initiative provides quality systems and services that improve the lives of the individuals and families it serves. Join us on Monday, September 15 from 11:00 a.m. – 12:00 p.m. for our inaugural Learning Collaborative session to learn more about the upcoming opportunities to hear best practices and innovative ideas from peers within the network as well as experts in a variety of fields. Also, watch for an upcoming invitation for our first in-person event in mid-October!
- The **Health Action Plan Learning Series** is an opportunity for Care Coordinators and Social Workers within contracted Health Home Partners to gain tools and resources for writing quality Health Action Plans with their members. Due to an overwhelming response to our first webinar, scheduled for September 9, *Writing SMART Health Action Plans* will be offered again on September 23 from 10:00 a.m. – 11:30 a.m. Watch for your invitation to register! Upcoming webinars also include:
 - October 21 – Motivational Interviewing
 - November 18 – The 5 “As” of Smoking Cessation
 - December 16 – Health Literacy

If you have questions, or want to add someone to the invitation list, please contact Vanessa Lohf, Public Health Initiatives Project Specialist at WSU Center for Community Support & Research:

Email: vanessa.lohf@wichita.edu

Phone: (316) 978-5380



SMI Health Home Providers: Referrals to Begin Next Month

Now that the SMI Health Homes are up and running across the state, it is time to begin our work to identify additional eligible members in the community. Whether due to new or overlooked diagnoses, we know that a number of eligible members have yet to be assigned to a Health Home. We are relying on you to help us find these members and help them get the Health Homes services that they deserve.

To meet this need, the Lead Entities (MCOs) will begin accepting Health Home Referrals in October. The Referral Form will be available on the Health Homes website beginning October 1, 2014.

Please remember that in order to be eligible for SMI Health Homes, individuals must be Medicaid eligible and have a primary diagnosis of one or more of the following:

- Schizophrenia
- Bipolar and major depression
- Delusional disorders
- Personality disorders
- Psychosis not otherwise specified
- Obsessive-compulsive disorder
- Post-traumatic stress disorder

Questions or concerns may be directed to Samantha Ferencik:

Email: sferencik@kdheks.gov

Phone: (785) 296-8001

Chronic Conditions Health Home Providers: Implementation Calls Moving to Bi-Weekly

Due to the limited number of questions and infrequency of updated information, the calls to provide updates on the Chronic Conditions Health Home delay, held at noon on Wednesdays, will be limited to every other Wednesday.

No calls will be held September 10 or September 24. These calls will continue to be every other week until further notice.

Call-in information is available on the Health Homes website. If you need more information, in general, about Health Homes (e.g., what they are, how they work, how to become a Health Home Partner), please visit the KanCare Health Homes website: http://www.kancare.ks.gov/health_home.htm

Remember, the state-wide map of providers interested in participating as Chronic Conditions Health Home Partners is available online as well at:

http://www.kancare.ks.gov/health_home/provider_stakeholder_calls.htm

You may contact Samantha Ferencik if you have additional questions or concerns

Email: sferencik@kdheks.gov

Phone: (785) 296-8001



September is National Recovery Month: Millions Use Illicit Drugs, Struggle with Mental Illness

Millions of Americans continue to use illicit drugs and struggle with mental illness, according to a report released by the Substance Abuse and Mental Health Services Administration (SAMHSA) in conjunction with the 25th annual observance of National Recovery Month.

Marijuana is "by far" the most commonly used illicit drug, with roughly 19.8 million current users aged 12 and older.

Sadly, "although an estimated 22.7 million persons aged 12 or older needed treatment for an illicit drug or alcohol use problem, only 2.5 million persons received treatment at a specialty facility," SAMHSA notes.

With regard to mental illness, in the past year, 10 million adults had a serious mental illness, defined as mental illness that resulted in serious functional impairment that substantially interfered with or limited 1 or more major life activities.

Questions?

If you have questions, or would like more information about Health Homes in Kansas, please contact us. Our page on the KanCare website also contains information about the Health Homes project and documents are being updated regularly.

"As we celebrate the 25th anniversary of National Recovery Month, our nation can be proud of the strides made in successfully promoting the power of recovery from mental and substance use disorders," SAMHSA administrator Pamela S. Hyde said in a news release.

"However, throughout our nation thousands still needlessly suffer the ravages of untreated substance use and mental disorders. We must reach out to all people with unmet need so that they can return to lives full of hope, well-being, and fulfillment," she said.

The full report, Substance Use and Mental Health Estimates from the 2013 National Survey on Drug Use and Health, will be available in a few weeks, SAMHSA said.

The report was drawn from some of the key findings of SAMHSA's 2013 National Survey on Drug Use and Health (NSDUH).

The NSDUH is a scientifically conducted annual survey of approximately 67,500 people aged 12 years and older throughout the country. "Because of its statistical power, it is a primary source of statistical information on the scope and nature of many substance abuse and mental health issues affecting the nation," SAMHSA said.

For more information about SAMHSA, visit <http://www.samhsa.gov>.

Phone: (785) 296-3981

Email: healthhomes@kdheks.gov

Website: http://www.kancare.ks.gov/health_home.htm

