



Health Homes Webinar Series
Health Promotion
Questions & Answers
May 27, 2014

- Q1: Will the links to these workshops and the information about these workshops going to be provided on the Health Homes website?
- A1: Yes. Today's presentation is recorded and posted on the KanCare website, along with a .pdf of the slide presentation. These resources will also be posted under the "Health Promotion" portion of the website.
- Q2: Are there courses offered free to the Health Home population?
- A2: All of the Chronic Disease Self-Management Programs and Diabetes Self-Management Programs discussed today are free for participants. The Diabetes Prevention Program offered by the Greater Wichita YMCA has a sliding fee scale.
- Q3: As Health Home Partners will our staff be trained to provide the prevention programs to our members, or will our staff be referring our members to these programs? We are located in a frontier community and referring our members to a program can be complicated by the distance traveled to the program.
- A3: If the resource is available in your community, you would be referring members to those resources. However, KDHE wants to assure that the resources is offered as widely as possible. Therefore, if it is appropriate for your agency to provide the training, you may contact KDHE to have staff trained to be Leaders. KDHE would also be willing to work with other organizations in the area to assure there are trained Leaders to provide the service.
- Q4: Are the KOHP workshops in person?
- A4: Yes. The sessions are 6 weeks and the weekly meetings are 2 ½ hours long.
- Q5: Are there Chronic Disease Self-Management Programs specific to children?
- A5: Not at this time.
- Q6: Do you have any programs that have been developed specifically for individuals with developmental or intellectual disabilities?
- A6: These programs mentioned today do not specifically target this population. However, you may use the Community Guide website as a resource for identifying resources that would. KDHE also has a Disability and Health Program that could serve as a resource. You can learn more at <http://www.kdheks.gov/disability/index.htm>.



- Q7: If a client has a learning disability, would they be able to have their family member or caregiver attend with them so they would get more from the programs?
- A7: Yes, absolutely. All of the Chronic Disease and Diabetes Self-Management Programs are designed to allow family members and/or caregivers to attend to also learn how to support the member in managing their disease. The Tomando Control Program is particularly family-friendly to address the needs of the Hispanic population and respond to that particular culture.