

# More

than just health insurance



# Staying healthy is about more than your doctor visits and medicine.

That's why we give you extra benefits that go above and beyond health care.

This booklet helps you learn about the extra benefits you get with us (and how to get them). We call these value-added benefits. Check out the chart below to find out which ones may apply to you and the people you care for. (Please read it carefully, because some people may fit into more than one group.)

If you have any questions about this booklet or your benefits, call Member Services at 1-800-600-4441 (TTY 711) Monday through Friday from 8 a.m. to 5 p.m. Central time.

Here's a quick look at the extra benefits you may be eligible for:

	Kids	Members 18 and older	Members 21 and older	Members in waiver groups and certain members on SSI	Members in Frail Elderly waiver group	Members in I/DD waiver group
Healthy Rewards	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3
Free Safelink® cellphone	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3
Preventive dental care	*		✓ Page 4	If 21 or older Page 4	✓ Page 4	If 21 or older Page 4
Boys & Girls Club	✓ Page 5					
Healthy Families	✓ Page 5					
Weight Watchers®		✓ Page 4	✓ Page 4	✓ Page 4	✓ Page 4	✓ Page 4
Holistic stop-smoking program		✓ Page 4	✓ Page 4	If 18 or older Page 4	✓ Page 4	If 18 or older Page 4
Free air purifier with permanent filter	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3	✓ Page 3
Extra over-the-counter medicines				✓ Page 4	✓ Page 4	✓ Page 4
Free rides to community health events				✓ Page 5	✓ Page 5	✓ Page 5
Free rides for caregivers to members' (Medicaid-covered) appointments				✓ Page 6	✓ Page 6	✓ Page 6
Extra respite care						✓ Page 6
56 hours of respite care					✓ Page 7	
Extra personal care services (PCS)						✓ Page 7
Pest control services				✓ Page 7	✓ Page 7	✓ Page 7

\*Children (all Medicaid members under age 21 and CHIP members under age 19) get dental care as part of their regular Medicaid benefits

# Extras for all our members

## Healthy Rewards program

**Get rewarded for doing things that are good for your health. It's that simple.**

**You can earn \$10, \$15 or \$25 in debit card dollars when you get:**

- Maternal health checkups
- Well-child checkups
- Well-woman exams
- Flu shots and immunizations
- Diabetic screenings



You can use debit card rewards to buy approved, over-the-counter items from Walmart, Dollar General and Family Dollar.

**You can buy hundreds of different products, like:**

- Over-the-counter medicines (Tylenol, cough and cold medicine and more)
- Baby care (formula, diapers, rash cream and more)
- Hair care (shampoo, styling products and more)
- Dental care (toothpaste, toothbrushes and more)
- Food products (bread, cereal and more)

Visit [www.myamerigroup.com/HealthyRewards](http://www.myamerigroup.com/HealthyRewards) for a list of all approved products.

## How to enroll in the Healthy Rewards program

To enroll, visit [www.myamerigroup.com/HealthyRewards](http://www.myamerigroup.com/HealthyRewards) or call 1-877-868-2004 (TTY 711). We'll send you everything you need to start.

## Free cellphone and service

Members who qualify can get a free SafeLink® cellphone with up to 350 minutes each month to call your family, friends and doctors.

**Plus:**

- 200 bonus lifetime minutes
- Unlimited text messages
- Free calls to Amerigroup Member Services
- Free health text messages (if you sign up) including:
  - Appointment reminders for you and your family
  - Nutrition and fun facts
  - Tips to help you lose weight



## How to get your SafeLink® cellphone

To enroll, call SafeLink® at 1-877-631-2550 or visit [www.safelink.com](http://www.safelink.com). You can also call SafeLink® to find out if this benefit is offered in your area. If you'd like to learn more about this benefit before you sign up, call us at 1-800-600-4441.

One member per household can get this benefit. If you're under age 18, your parent or guardian will need to enroll for you. Members with an existing Lifeline plan may opt out of their current service in order to get a SafeLink® cellphone and service through us. Coverage may not be available in certain remote service areas.

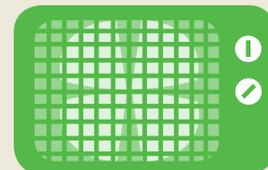
\*SafeLink Wireless® is a Lifeline-supported service.

Lifeline is a government benefit program. Only those who qualify may enroll in Lifeline. It can't be transferred. It is limited to one per household. You may need to show proof of income or that you take part in the program to enroll.

## Free air purifier with a permanent filter for members with allergies, asthma or chronic respiratory or pulmonary conditions

**Air purifiers help reduce allergens in your home, like:**

- Dust
- Pet dander
- Mold
- Pollen
- Smoke



## How to get an air purifier

Call us at 1-800-600-4441 (TTY 711). We'll ask for your doctor's order and diagnosis. If you qualify, we'll mail your air purifier to your home.

To get this benefit, you must be diagnosed with allergies and get an order from your doctor.

# Extras for our members 18 and older

## Weight Watchers®

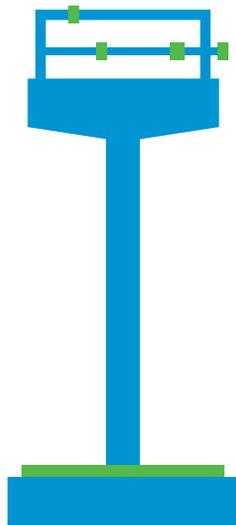
We know it can be hard to lose weight, and we want to help. We'll give you a Weight Watchers® voucher covering your initiation fees, plus four weeks of classes.

**You'll learn new ways to manage your weight, plus get:**

- Private weigh-ins
- Helpful tools and tips to help you reach your goals
- Recipes to help you and your family stay healthy

### How to get your Weight Watchers® voucher

Call us at 1-800-600-4441 (TTY 711) and let us know you'd like a Weight Watchers® voucher. We'll mail one to you. (Limit one voucher per member.)



## Stop-smoking program

We can help you quit smoking using a personal approach.

**Our program includes:**

- Support and coaching services
- Unlimited calls to a health coach for tips and advice
- Help understanding the nicotine replacement therapy (NRT) products available through KanCare.



**Things like:**

- Gum
- Lozenges
- Inhalers
- Patches
- Prescription drugs to help you quit

### How to join our stop-smoking program

There are two ways you can enroll:

1. Call us at 1-800-600-4441 (TTY 711) and let us know the best way to reach you. A health coach or representative will call you back and tell you how to get started.

OR

2. Your case manager or service coordinator may ask you if you'd like to participate. If you do, we'll let you know how to get started.

# Extras for our members 21 and older

## Preventive dental care

**Adult members age 21 and older can get preventive dental services, including:**

- Two cleanings per year
- Free scaling and polishing procedures

Children get dental care as part of their regular Medicaid benefits.



### How to get dental care

Call your dental provider to schedule an appointment. For a list of dental providers in our plan, call Scion Dental at 1-855-866-2627 (TTY 711).

# Extras for kids

## Boys & Girls Club membership for members ages 5-18

Free yearly membership for your kids at a local, participating Boys & Girls Club.

The Boys & Girls Club provides a safe place for children to learn and grow — all while having fun.

### It's about:

- Connecting kids with working adults and their communities
- Education and career development
- Building leaders and character
- Gaining health and life skills

### How to get Boys & Girls Club memberships for your children

Contact your local Boys & Girls Club, and ask if they participate in the Amerigroup free membership benefit. You will need to provide your name, address and your Amerigroup ID number when you sign up.

## Healthy Families program — for families with children ages 7-13

Our Healthy Families program helps families with children who are overweight or obese (or at risk) live healthier lives.

### With this six-month program, you'll learn about good nutrition and staying active with:

- A health coach you can call to get tips and advice
- Materials to help your family learn about wellness and healthy living
- Referrals to local nutrition classes for 6-8 weeks (where available)

### How to start the Healthy Families program

We may call you and ask if you'd like to participate.

You can also call and ask us at 1-800-600-4441 (TTY 711).



# Extras for our members in waiver groups and certain members receiving SSI

## Extra over-the-counter (OTC) medicines

Members in waiver groups and certain members receiving SSI get \$10 every month (\$120 per year) for extra over-the-counter (OTC) medicines. OTC products ordered on our website are delivered to your home.

### You can get extra products to help you stay healthy, like:

- Acne treatments
- Antifungals
- Cough and cold remedies
- Dental care
- First aid supplies
- Pain relievers
- Sunscreen
- Sleep aids
- Topicals
- Vitamins
- And much more

### How to order your extra OTC items

We'll send you a catalog in the mail that lists all products you can order. Ordering is easy, and shipping is free.

### You can place your monthly order in two ways:

- **Order online** — Log in to your secure member website at [www.myamerigroup.com/KS](http://www.myamerigroup.com/KS). Then go to "Mail Order Over-The-Counter (OTC) Drug Benefit" and click Order Online.
- **Order by phone** — Call Member Services at 1-800-600-4441 (TTY 711) Monday through Friday from 8 a.m. to 5 p.m. Central time.

Please note, you may only place one order per month, and any unused amounts will expire at the end of the month.

If you don't get a catalog in the mail, call us at 1-800-600-4441. We can send you a new one.

## Free rides to community health events

We partner with community organizations, schools, faith-based groups and local businesses to help you stay active and healthy in your community. Community events are a great way to learn about your health, meet new people and sometimes get free gifts. That's why we provide transportation to health events close to you.

**For members in waiver groups and certain members on SSI, we'll give you rides to approved events sponsored by organizations, like:**

- Witness Project of Kansas
- Susan G. Komen
- American Red Cross
- American Heart Association
- American Diabetes Association

### How to get a ride to a local community event

Call Access2Care toll free at 1-855-345-6943 to request a ride. Please call at least three days before the event. They'll schedule your ride and tell you what to expect at that time.

If you have complex medical needs or need help scheduling a ride, tell your (Amerigroup) case manager or service coordinator.

You may get up to 24 round-trip rides per year to community health events.

We'll only pay for rides to health-related events we approve.



## Free rides for caregivers to members' (Medicaid-covered) appointments

Some members need caregivers with them during medical appointments. You can get a ride through KanCare, and we'll make sure your caregiver has one too.

### How to get transportation for your caregiver

Call Access2Care toll free at 1-855-345-6943 to request a ride. Please call at least three days before your scheduled appointment. They need to know the date, time and address of your doctor visit. They'll tell you what to expect when it's time for your ride.

If you have complex medical needs or need help setting up transportation for your caregiver, tell your (Amerigroup) case manager or service coordinator.

Your caregiver may get up to 24 round-trip rides with you per year.

**For emergency transportation, always call 911.**

## Extra respite care for Autism and Intellectual or Developmental Disability (I/DD) waiver members

We want to make sure you and your family get the care and support you need.

**Respite care lets your regular caregiver or personal care attendant:**

- Take a vacation
- Take sick time
- Help his or her family during an emergency

(Some members may be able to get respite care through KanCare.)

**This benefit is for extra respite care, on top of what KanCare covers.)**

- Members in the I/DD waiver group get 15 extra days of overnight respite care per year
- Members in the Autism waiver group get an extra 24 hours of respite care per year

This benefit is not for members living alone or in ICF/IDD, assisted living and nursing facilities, group homes or similar settings.

### How to get extra respite care

Tell your (Amerigroup) service coordinator or case manager if you'd like this benefit. He or she can give you the information you need.

## 56 hours of respite care for Frail Elderly waiver members

We cover up to 56 hours of respite care per year.

### Respite care lets your regular caregiver or personal care attendant:

- Take a vacation
- Take sick time
- Help his or her family during an emergency

This benefit is not for members living alone or in ICF/IDD, assisted living and nursing facilities, group homes or similar settings.

### How to get respite care

Tell your (Amerigroup) service coordinator or case manager if you'd like this benefit. He or she can give you the information you need.

## Extra personal care services (PCS) for I/DD waiver members

We'll give you three extra days of PCS to help support you.

### PCS can help you with things like:

- Activities of daily living, like bathing and grooming
- Independent activities like shopping, cleaning and meal planning
- Helping you stay active in the community like finding support groups/services and recreational activities

### How to get extra PCS

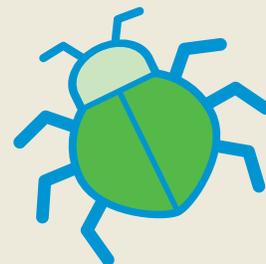
Tell your (Amerigroup) service coordinator or case manager if you'd like this benefit. He or she can give you the information you need.

## Pest control services for members in waiver groups and certain members receiving SSI

We can help you get rid of unwanted pests in your home.

### We can treat for:

- Ants
- Bedbugs
- Crickets
- Fleas
- Mice
- Rats
- Roaches
- Silverfish
- Spiders
- Stinging insects like wasps and hornets



We pay for up to \$500 for four treatments per calendar year (whichever is met first).

### How to get pest control

If you need pest control, call us at 1-800-600-4441 (TTY 711). We'll make sure you get the treatment you need for your home.

An (Amerigroup) service coordinator's or case manager's approval is required.

Also, you must own your home to qualify.

This benefit is not for members living in ICF/IDD, assisted living and nursing facilities, group homes or similar settings.

## Questions?

Visit us online at [www.myamerigroup.com/KS](http://www.myamerigroup.com/KS).

Or call us at 1-800-600-4441 (TTY 711)

Monday through Friday from 8 a.m. to 5 p.m. Central time.

