

Health Plan Highlights for 2020

Look at the highlighted services below to compare plans. All physical, mental, and substance abuse services are the same in each MCO. The table below shows extra services you can receive in KanCare. Please contact your MCO by phone or the MCO website for additional details related to the value-added services.

 Aetna Better Health [®] of Kansas 1-855-221-5656 (TTY 711)	 sunflower health plan [™] 1-877-644-4623 (TTY 711)	 UnitedHealthcare [®] Community Plan 1-877-542-9238 (TTY 711)
Members 21 yrs. and older receive \$500 per year for dental services. It can be used for things like dental exams/cleanings twice each year, annual bitewing X-rays, fillings and fluoride treatments.	Two dental visits (cleanings, screenings) for adults 21 and older every year. Children are covered for most dental services under regular Medicaid benefits.	Healthy Rewards Program allows members to earn debit card credits between \$10 and \$25 to use in retail stores. Members can purchase health related items for doing healthy things like wellness checkups, immunizations, and flu shots.
Free Android Smartphone with 350 free minutes per month, 1 gigabyte of data per month and unlimited text messaging for members 18 yrs. and older. Members will also receive these health extras: <ul style="list-style-type: none"> • Health tips and reminders by texts • One-on-one texting with your health care team • Free calls with our member services team Texting Health Programs: Care4life SM , Text4kids TM , Text4health SM , Text4baby SM and Text2quit SM	Start Smart for Your Baby [®] program for pregnant members, babies and families. Start Smart for Your Baby offers nursing support, education and gifts. There is no cost to the member. <ul style="list-style-type: none"> • In-home help with healthcare benefits and community services • Special texting program for Start Smart participants • Community baby showers for pregnant members. Diapers and other gifts are included in these events. • Birthday programs for children • Transportation to WIC Appointments 	Any member age 21 and over can visit a participating dental provider to get screenings, x-rays, cleanings and filling restorations (silver or white tooth colored). This includes scaling and polishing teeth. Members have a maximum benefit of \$500 per calendar year for covered services. Dentures are covered for eligible Frail and Elderly waiver members at no cost. One full set every 5 years.
Healthy Rewards Incentive program where members can get \$10-\$25 gift cards when they complete wellness activities such as: <ul style="list-style-type: none"> • Vaccines • Yearly check ups • Diabetic eye exams 	Free smartphone through SafeLink [®] , which provides up to 1000 free minutes of service per month for members who qualify. This includes unlimited texting and 1GB of data per month for the first three months, then 500MB per month. Members will be able to have telephone access to their KanCare providers and unlimited calling to Sunflower.	Member Advocates can help members who qualify get free Federal Lifeline cell phones. Members can get up to 350 free minutes of service a month. Benefit includes cell phone with text messages and data plan. Coverage may not be offered in certain remote service areas.
Pregnant members are encouraged to make early and frequent prenatal and postnatal visits. The PROMISE Pregnancy Program includes: <ul style="list-style-type: none"> • Gift Card Rewards for visits (up to \$30) • Gift Card Rewards for valuable baby equipment, such as a stroller, portable crib, play yard, car seat, diaper-and-wipe package for completing pre and postnatal visits (up to \$150) • Text4babySM texting health program 	My Health Pays [®] rewards members when they complete healthy activities like a yearly wellness exam, annual screenings, tests and other services to protect their health. Each healthy activity earns the member between \$10 to \$50. These amounts are loaded to a Visa [®] Prepaid Card and can be used to help pay for: <ul style="list-style-type: none"> • Utilities • Transportation • Telecommunications • Childcare services • Education • Rent Or, you can use the rewards to shop at Walmart for everyday items such as baby care, diabetes care, digestive health, eye and ear care, fitness and wellness, foot care, first aid, groceries, home care such as air purifiers, household products like pesticides, OTC (over-the-counter) medications, and personal care.	Special benefits for pregnant and new moms: <ul style="list-style-type: none"> • Earn a \$200 debit card for completing first prenatal visit in first trimester (within 42 days of plan enrollment). Card can be used to purchase wellness items for self and baby including diapers and wipes • Earn up to \$190 in rewards by joining Baby Blocks program and completing all prenatal and post-birth visits. Get a \$20 gift card or a cool diaper bag for joining. A total of 10 possible rewards for staying with the program until your baby is 15 months old. • Pregnant and new moms can get transportation to WIC appointments and prenatal classes (12 round trip rides per year). • Community baby shower events for pregnant and new mothers. Moms learn about health and wellness for themselves and their babies. • Get a can of OFF brand bug spray to help protect against mosquitos through pharmacy.
Additional Transportation Services – Free rides for members going to the pharmacy, WIC eligibility appointments and prenatal classes. Ten round trips per year for members going to job interviews, job training, shopping for work type clothing, food bank or grocery store for food and getting community health services otherwise not covered.	Sunny's Kids Club program mails a new book four times a year to children (parents) who subscribe to the program. Each Kids Club member also receives a welcome packet with a Club Membership Card. Sunny is the health plan's mascot and can be spotted at community events and at provider offices serving Foster Care members.	Extra transportation benefits: <ul style="list-style-type: none"> • Adult members age 20 and over can get up to 12 total round-trip rides per year to cover: getting to the pharmacy, grocery store, food bank, WIC, prenatal classes, job related activities such as interviews, job training, shopping for work clothes, or local community activities. • Members can also get two rides per month (24 per year) to and from support group meetings • Members on the Physically Disabled, Frail Elderly, Intellectually Developmentally Disabled and Traumatic Brain Injury waivers can get six one-way or three round trip rides to social events.
No Place Like Home Grant is for members who have been in long stay nursing homes for 60 days or more and are moving in to HCBS. You can receive financial help with the move (up to \$5,000/member). (One-time benefit).	Community-based Health Services staff can provide in-home member visits to assist with scheduling healthcare appointments and transportation, as well as help with paperwork for benefits. They also assist members with accessing food, shelter, or other health or social programs. This service is complementary to case management and is performed by certified Community Health Workers.	Members can download Health4Me app on their phone. This app can help members manage their health. Members, or those responsible for members, can access myUHC.com online to help access health history, educate members on working with their doctor, and track doctor visits.
Members who have a cognitive disfunction diagnosis (i.e. dementia or Alzheimer's) can get 2-door alarms and 6 window locks (One-time benefit).	MyStrength digital health program includes weekly exercises, mood trackers and daily inspirational quotes and videos. The program can be used on its own or with other care to support mental health.	Pest Control treatments for HCBS waiver members who own their home. Services must be set up through service coordinator. (\$250 maximum annual benefit)
Pest Control - Members on the following waivers: Intellectual/Developmental Disability(I/DD), Physical Disability (PD), Frail and Elderly (FE) or Traumatic Brain Injury (TBI), who own their own home, can get up to \$250 per calendar year towards pest control services.	Sunflower Transition to Employment Program (STEP) is a workforce development and employment support resource program. We help members identify and remove employment barriers. Benefits include enhanced transportation coverage, GED prep test vouchers, and assistance with career counseling services. Members are connected with a benefits specialist to learn how their income may impact their benefits, as well as to learn about the STEP Scholarship program.	Home Helper Catalog: Adult members on the Physically Disabled, Frail Elderly and Intellectually/Developmentally Disabled waivers can pick up to \$50 in items from the catalog per year. Select from items such as adult briefs, tub safety rails, a shower bench, over-the-counter items and other home safety and support items. The service coordinator will assist with your order. Frail Elderly members will be mailed a wellness calendar at the beginning of each year to track their doctor appointments, medications timeline, and social events.
Provide membership to Weight Watchers [®] standard 12-week program. (One-time benefit).	Transportation to local community events and social activities for members receiving Frail & Elderly (F/E) and Physical Disability (PD) waiver benefits. Sunflower also assists members with finding events and activities. This benefit includes three round trips a year.	Adults can get help with getting their GED. Health plan will help find and pay for resources to get GED. Adults can learn to code. Health plan will help find and pay up to \$200 annual for coding classes.
Members who have diabetes, ages 21 years and older, will receive 2 podiatry visits each year.	Members can receive produce vouchers worth \$10 at special events with participating Farmers Markets.	Provide adult members (age 21 and over) with an additional \$60 per year to use toward enhanced frames.

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Provide members 21 years and older, \$50 per year to use towards non-covered vision services (including but not limited to no-line bifocals, anti-glare coating).	Free services and events to promote healthy lifestyles for kids, such as covering membership fees to the Boys & Girls Club. Sunflower's Adopt- a-School Program brings activities, speakers and books into the schools, as well as summer program locations like YMCAs, Libraries, Parks & Recreation Departments, and Boys & Girls Clubs.	Online member portal with deep link on MyUHC.com that provides members with a wealth of information and resources for overall health and wellness. Members can access: a. Self-Paced Cognitive Behavioral Therapy b. Activation and Empowerment aids for providers and members. c. Wellness Recovery Action Plans (WRAP) app d. Recovery Toolkits (Substance Use Disorder (SUD), Mental Health, and Family) e. Recovery Library f. Peer Videos g. Teen Happiness Center h. Addiction Recovery Apps i. Whole Health Tracker j. Psychiatric Advance Directives; called Powers and Letters of Attorney
Members age 0 -18 with an asthma diagnosis can request an air purifier to help lower the chance of an asthmatic attack. (One-time benefit).	Healthy Solutions for Life participants are assigned a Health Coach to ensure members have the support to meet their goals and feel their best.	Youth members up to 18 will have access to programs at the YMCA, Boys and Girls Clubs, 4-H, and selected Parks and Recreation Departments. (\$50 annual benefit)
An extra 24 hours of Personal Care Services per year for members on the following waivers: Intellectual/Developmental Disability (I/DD), Physical Disability (PD) or Frail and Elderly (FE).	A Comprehensive Medication Review with a local pharmacist is available to eligible members. The review includes a 30-minute Face-to-Face consultation with a local pharmacist.	Intellectually/Developmentally Disabled waiver members and/or caregivers can download eBook. This eBook was developed with the National Association of Councils on Developmental Disabilities (NACDD).
Members 16 years and older, who would like to get their GED certificate, can obtain vouchers to take the GED test online. (\$130 one-time benefit).	In-home tele-health available for adults. This service helps members stay at home when they need help to manage their chronic conditions.	FreshEBT is a mobile app to help members manage their SNAP (food) benefits. Member can get balance and find stores that accept SNAP.
Up to 120 hours of respite care per year, no more than 48 hours in a single month, for members on a waiver waiting list for Home and Community -Based Services. (This must be approved by the member's case manager).	Meals delivered to the home of F/E waiver members who are discharged from a Nursing Facility or inpatient stay. This covers 14 meals over a week. KanCare covers this service for PD and Traumatic Brain Injury (TBI) waiver members.	Adults on the Physically Disabled, Frail Elderly waiver can get access to one \$50 activity per member per year at local Parks and Recreation locations.
Ted E. Bear, M.D.® Kids Club Program is for members from newborn to age 12. Member incentives include: Activity Book, and \$10-\$15 gift cards for meeting identified goals.	Internet Service for F/E & PD waiver members using telemonitoring services and home health coaching.	Respite Care for Intellectually/Developmentally Disabled waiver members receiving supported home care or home-based services. Up to 40 hours of respite care.
Home-delivered meals for members 21 years and older with a medical need who have been discharged from an inpatient stay; up to 2 meals per day for up to 7 days.	Dentures are covered for members receiving Frail & Elderly (F/E) and Physical Disability (PD) waiver benefits. Eligibility is based on determination of need.	Members 20 and under and their parents can use KidsHealth. This is an online tool that provides videos and articles on health topics. The site aims to help members manage their health conditions.
Healthy Teens Program offers membership fees of up to \$50 per year paid to join the YMCA, 4-H, Boys and Girls Club, Boy Scouts or Girl Scouts. Members aged 13-21 yrs. who get their checkups each year will get a \$25 gift card.	Home Modification & Assistive Services for members on the F/E & PD waivers to enable individuals to remain living at home. Examples include wheelchair ramps, stair lifts, walk-in or wheelchair accessible bathtubs and showers.	Families with children age 2 to 8 can participate in the Sesame Street "Food for Thought" program. The program is where families can learn about how to eat healthy on a budget from Sesame Street characters.
Smoking Cessation - Members 18 years and older can participate in Text2quit SM texting health program.	Up to 24 hours of respite care for non-paid caregivers who provide supports for persons on the F/E and PD waivers.	The child member with Asthma is sent information presented by Sesame Street characters that teaches them how to deal with Asthma. Children 1 to 4 will receive the A is for Asthma newsletter.
Mental Health First Aid is a class that teaches the general public how to help someone who may be having a mental health or substance use problem. The training helps to spot, understand and respond to signs of addictions and mental illnesses.	Peer Support Program for members receiving F/E & PD waiver benefits, as well as members on the waiting list for PD waiver services. This social interaction includes monthly phone calls with other members, facilitated by a Sunflower Member Liaison.	Happy and Healthy at Home: Home and Community Based waiver member who transition from an institutional setting starting 12/1/2019 into an independent living situation, or who complete a move back home. Member can receive a \$1,000 debit card to be used on over the counter wellness items to help support their independent living and an additional \$50 per month for every month they remain out of the institutional setting through December 2020. Member will need to work with their Service Coordinator to access the benefit.
	Up to 16 hours of hospital companionship for persons on the F/E and PD waivers.	On My Way (OMW): Young adult members can access websites to help prepare them for adult life. OMW teaches skills like managing money, getting housing, finding job training and applying for college.
	Sunflower offers nursing home transition support by partnering with providers to: <ul style="list-style-type: none"> Conduct pre-placement transition meetings and activities which may include finding and securing housing, securing house-hold items, confirming informal supports, completing in-home risk assessment, and assisting with hiring of caregivers. Follow-up visits to ensure services and equipment are in place and meeting the member's needs, to confirm or set up a PCP appointment, among other personal support activities Cover 1 week of home-delivered meals for each member transitioning out of a nursing facility regardless of waiver benefit coverage. Members may be eligible for additional financial assistance or benefits, based upon need, when transitioning to independent living situations.	Behavioral Health and Substance Abuse Training Programs: <ul style="list-style-type: none"> Question Persuade and Refer (QPR): Learn what to do in an emergency mental health moment. Be able to help someone showing suicide warning signs. Behavioral Therapy Program: A web-based tool to help support and overcome issues with drinking and drug use. Learn useful ways to cope and set goals. Mental Health First Aid: A training class that is like regular first aid training. Learn how to identify and respond to signs of mental illness and substance abuse. Seeking Safety: A training that teaches coping skills to help adults, children and youth attain safety from trauma and/or substance abuse.
	Caregivers are supported through various channels in the Caregiving Collaborations program. This benefit is available to one primary, informal support caregiver per member. Benefits include the Caregiver Resource Center and a Caregiver Journal.	Internet Access: Persons on the Physically Disabled, Frail Elderly, Intellectually/Developmentally Disabled or Autism waiver may be invited to get internet service covered as incentive for completing specific health activity.
	Weight management through Sunflower's Healthy Solutions for Life program with unlimited coaching.	

To change plans call 1-866-305-5147

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