

# Community Resource Guide



A quick guide to basic services available in *Shawnee County*, Kansas

Information is provided as a community service and does not necessarily constitute endorsement. This is not a complete list of resources; information is updated annually.

## Medical

### Local health services/ clinics

- Shawnee County Health Department, ..... (785) 251-5600  
.....(STD, WIC, Immunizations, Pregnancy testing, Nurse-Family Partnership)
  - Stormont Vail Hospital ..... (785) 354-6000
  - Hillcrest Health Clinic, Topeka (Low cost or Free Health Care, Pregnancy, Teen Clinic)  
..... (785) 354-4011 or (785) 291-2400
  - Salvation Army, Topeka (Health Services and Prescription Costs) ..... (785) 233-9648
  - Shawnee County Health Access (Medications Assistance, Visits & Prescription) .... (785) 235-0996
  - Grace Med Capitol Family Clinic (Central Topeka) ..... (785) 861-8800
  - Grace Med Highland Park Family Clinic ..... (785) 861-8800
  - VA Eastern Kansas health Care System ..... (785) 350-3111
- [Community Resource Directory](#) for Shawnee County; Medical, Dental and Public Health, Pages 133-145

### Mental Health Services

[Community Resource Directory](#) for Shawnee County; Mental Health & Substance Abuse Services; pages 123-133

- Valeo Behavioral Health (Mental Health and Substance Abuse) ..... (785) 233-1730
- Family Service and Guidance Center ..... (785) 232-5005
- Stormont Vail Behavioral Health Center (Psychiatric)..... (785) 270-4630
- Heritage Mental Health Clinic (Psychiatric, Psychologist, Social Workers) ..... (785) 272-5566
- KVC Behavioral Healthcare ..... (785) 267-4530
- Heritage Mental Health Clinic..... (785) 272-5566

## Dental Services

Marian Dental Clinic (Dental Care for Uninsured & Low Income Families) .....	(785) 233-2800
	<a href="http://www.sclhealth.org/locations/marian-dental-clinic/">www.sclhealth.org/locations/marian-dental-clinic/</a>
Shawnee County Health Agency .....	(785) 251-2000
Grace Med Capitol Family Clinic (Central Topeka) .....	(785) 861-8800
Grace Med Highland Park Family Clinic .....	(785) 861-8800
Doorstep (dental voucher; call first for papers you need to bring) .....	(785) 357-5341
Kansas Donated Dental Services .....	(785) 273-1900 or (888) 870-2066
Kansas Donated Dental Services Online Application .....	<a href="https://dentallifeline.org/kansas/">https://dentallifeline.org/kansas/</a>

## Eye Care

Grace Med Capitol Family Clinic (Central Topeka) .....	(785) 861-8800
Grace Med Highland Park Family Clinic .....	(785) 861-8800
International Lions Club (provides free eye exams and eyeglasses to qualified participants) .....	(316) 773-2100
Vision USA Program, Topeka (free eye exams for qualified participants) .....	(785) 233-9648

## Prescription Services

Salvation Army, Topeka (health services and prescription costs) .....	(785) 233-9648
Shawnee County Health Access (Medications Assistance, Visits & Prescription) ....	(785) 235-0996
Grace Med Capitol Family Clinic (Central Topeka) .....	(785) 861-8800
Grace Med Highland Park Family Clinic .....	(785) 861-8800
Doorstep (call first for papers you need to bring) .....	(785) 357-5341
Prescription Assistance Program .....	<a href="http://www.KansasDrugCard.com">www.KansasDrugCard.com</a>
Needy Meds (helps with cost of medicine) .....	<a href="http://www.needymeds.org">www.needymeds.org</a>

## Assistive Equipment

Assistive Technology for Kansans .....	(800) 526-3648
Assistive Technology for Kansas, Shawnee .....	(785) 267-1717
Kansas Equipment Exchange (supply or exchange medical equipment for adults and children) .....	(800) 526-3648
Audient Alliance for Accessible (Hearing Aids for Low Incomes) .....	1-(877) 283-4368

## Other Health Services

KanCare/Medicaid eligibility and renewal, KanCare Clearinghouse .....	(800) 792-4884
KanCare application, benefits and assistance .....	<a href="http://www.kancare.ks.gov">www.kancare.ks.gov</a>
KanCare Ombudsman office .....	(855) 643-8180
	<a href="http://www.kancare.ks.gov/ombudsman">www.kancare.ks.gov/ombudsman</a>

Ryan White Outreach Program (HIV/STI help) .....	(316) 293-2652
Ryan White Part B Program, Topeka .....	(785) 296-6174
.....	<a href="http://www.kdheks.gov/sti_hiv/ryan_white_care.htm">www.kdheks.gov/sti_hiv/ryan_white_care.htm</a>
Senior Health Insurance Counseling for Kansas (SHICK), Topeka .....	(785) 235-1367

## Information and Referral

### Local Resources

Topeka Independent Living Resources (Information & Referrals on Programs, Assistance, & Services)	(785) 233-4572
Child Care Aware of Eastern Kansas, Topeka (Child Care Needs Assistance Program) .....	(785) 357-5171
Shawnee County Health Department, Topeka (WIC Program) .....	(785) 251-5607
Shawnee County Community Developmental Disability Organization, Topeka .....	(785) 232-5083
Topeka and Shawnee County Public Library (Referrals and Community Outreach Information) .	(785) 580-4400
Birthright, Topeka (maternity and infant needs and supplies) .....	(785) 234-0701
United Way, Topeka .....	(785) 273-4804
Catholic Charities, Topeka .....	(785) 233-6300
Salvation Army, Topeka .....	(785) 233-9648

### Regional/State Organizations

Topeka Independent Living Resource Center .....	(785) 233-4572
Jayhawk Aging and Disability Resource Center, Topeka.....	(785) 235-1367
Jayhawk Area Agency on Aging, Topeka .....	(785) 235-1367
Services for those who are Blind or Visually Impaired .....	(620) 663-3989
Shawnee county CDDO .....	(785) 232-0583
Kansas Commission on Veterans Affairs, Topeka .....	(785) 670-3372
Kansas Department for Children and Families, Topeka ( <a href="http://www.dcf.ks.gov">www.dcf.ks.gov</a> ) .....	(785) 296-3271
Senior Health Insurance Counseling for Kansas (Medicare help).....	(785) 235-1367
Long Term Care Ombudsman, Topeka .....	(785) 230-0715
Kansas Legal Services, .....	(785) 354-8531
Social Security, Topeka .....	(888)327-1271

## Food

[Community Resource Council Directory](#) for Shawnee County; Pages 160-168

Catholic Charities, Topeka .....	(785) 233-6300
Harvesters, Topeka.....	(785) 861-7700
ICare Inc, Topeka .....	(785) 267-5910
Community Resource Council, Topeka.....	(785) 233-1365
Let's Help Inc, Topeka (food pantry) .....	(785) 234-6208

Topeka Rescue Mission, Topeka (food pantry, shelter, clothing) .....	(785) 354-1744
Commodity Supplemental Food Program (60 yrs. or older) .....	(785) 368-8120
Meals on Wheels Dining Centers (lunch for those 60 yrs. and older) .....	(785) 295-3980
Meals on Wheels Home Delivery Lunch meal for those 60 and older).....	(785) 295-3980
Doorstep Inc, Topeka.....	(785) 357-5341
Community Action (call first for distribution dates and locations) .....	(785) 836-4500
North Topeka Outreach .....	(785) 286-1370
Meals at Topeka Rescue Mission .....	(785) 354-1744
Moms Meals Nourish Care ( <a href="http://www.momsmeals.com">www.momsmeals.com</a> ) .....	(877) 508-6667
Monthly Mobile Food Pantry at CRC CARE Center at 455 SE Golf Park Blvd, Topeka.....	(785) 233-1365
City of Topeka for most up to date listing of food pantries, banks and meals .....	(785) 368-4490
Boys and Girls Club – Adams Club (ages 5-18; must be enrolled, snack & dinner)...	(785) 234-5601
Boys and Girls Club – Teen Center (for pick up only) .....	(785) 571-2042
Doorstep Food Bank, Pantry Meals listing .....	(785) 357-5341
..... <a href="https://doorsteptopeka.org/wp-content/uploads/2021/02/Food-Pantries-Meal-Programs-FINAL-DEC-2020.pdf">https://doorsteptopeka.org/wp-content/uploads/2021/02/Food-Pantries-Meal-Programs-FINAL-DEC-2020.pdf</a>	

## Transportation

East Topeka council on Aging (elderly, disabled) .....	(785) 232-7765
Family Service and Guidance Center (medical).....	(785) 232-5005
Papan’s Landing Senior Center (elderly, disabled) .....	(785) 232-1968
Prairie Band Potawatomi Nation (elderly, disabled) .....	(785) 966-2995
Topeka LULAC Senior Center (elderly) .....	(785) 234-5809
Low Income Transit Pass, Topeka Metro.....	(785) 783-7000
Doorstep Inc, Topeka (gas voucher, bus tickets; call first for what papers to bring) ..	(785) 357-5341
Home Instead Senior Care (elderly transportation services) .....	(785) 272-6101
Topeka Metropolitan Transit Authority .....	(785) 783-7000

## Shelter

### Homeless Shelters/Transitional Housing

Topeka Rescue Mission, Topeka (homeless shelter, food pantry, clothing) .....	(785) 354-1744
Catholic Charities, Topeka .....	(785) 233-6300
Salvation Army, Topeka .....	(785) 233-9648
Shelter Plus Care, Topeka .....	(785) 368-3711
Homeless Veterans.....	(877) 223-8387
VASH Voucher Program for Veterans .....	(620) 624-0280 x23

## Rent & Utilities

Catholic Charities, Topeka .....	(785) 233-6300
Salvation Army, Topeka .....	(785) 233-9648
Community Action Inc, Topeka (weatherization program) .....	(785) 836-4500
United Way of Greater Topeka .....	(785) 273-4804
VASH Voucher Program for Veterans.....	(620) 624-0280 x23

## Landlord Issues

Housing and Credit Counseling (Landlord and tenant issues) .....	(800) 383-0217
.....	<a href="http://www.hcci-ks.org">www.hcci-ks.org</a>
Kansas Housing Resources Corporation .....	(785) 217-2001
.....	<a href="http://www.kshousingcorp.org">www.kshousingcorp.org</a>

## Housing

Shawnee County Housing Authority, Topeka.....	(785) 357-8842
Kansas Housing Resources Corporation (includes weatherization assistance) .....	(785) 217-2001
.....	<a href="http://www.kshousingcorp.org">www.kshousingcorp.org</a>
Kansas Rural Development, Topeka .....	(785) 271-2700

## Other Resources

[Kansas Commission on Disability Concerns \(KCDC\)](#) Choose “Life Resources” or “Youth” at top of page.

Shawnee County Resources; [http://www.snco.us/HD/Document/2020\\_community\\_resource.pdf](http://www.snco.us/HD/Document/2020_community_resource.pdf)

[Community Resource Council Directory](#) for Shawnee County