

# KanCare General Information Fact Sheet



## Kan-Be-Healthy/EPSTD (Early, Periodic, Screening, Diagnosis and Testing)

### What is KanBeHealthy?

KanBeHealthy is the well-child visit. KanBeHealthy provides preventative health care services for individuals under 21 who are enrolled in Medicaid.

### What is EPSTD?

EPSTD provides comprehensive and preventive health care services. It provides screening and services at medically appropriate times. It also provides medically necessary health care services, even if the service is not available under the Kansas Medicaid plan. KanBeHealthy/EPSTD work hand-in-hand to provide appropriate services for children and youth.

### Who is covered by KanBeHealthy/EPSTD?

Kan-Be-Healthy/EPSTD is for Medicaid eligible children and youth until they turn 21 years old, including foster care children/youth.

### How does KanBeHealthy/EPSTD help children and families?

- Helps children on Medicaid and their families make use of available health resources
- Assesses the child's needs through initial and periodic examination and evaluation.
- Assures that health problems are diagnosed and treated early.
- Medical, vision, dental and hearing screenings, diagnosis, referral and treatment
- Developmental Screening – which includes identification of, diagnosis, referral, and treatment for delays in a child's development.
- Diagnostic Services – When a screening examination indicates the need for further evaluation of a member's health, diagnostic services must be provided. Necessary referrals should be made without delay and there should be follow-up to ensure the member receives a complete diagnostic evaluation.
- Maternal Depression Screenings – available when a woman is pregnant, after a loss of child during pregnancy or at birth, or after pregnancy until child is 12 months old.

### Who provides KanBeHealthy/EPSTD services?

The child's primary care doctor or local health department will provide most of these services.

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## What is Medically Necessary?

- By Federal statute, services available under KanBeHealthy/EPSDT are not limited to services currently available in the Kansas Medicaid State Plan
- Services must be those which **could** be provided in the State Plan
- States determine necessity of services and are not required to provide:
  - Experimental treatments or items
  - Services or items determined to not be safe or effective
  - Services for caregiver convenience
- Appropriate limits may be placed on Kan-Be-Healthy/EPSDT services
- States may consider relative cost effectiveness of alternative services
- States can establish amount, duration and scope of services
- Home and Community Based Services are not included in Kan-Be-Healthy/EPSDT
- Services cannot be denied arbitrarily
- MCOs are responsible for determining medical necessity on a case by case basis
- Designated health care provider makes the recommendation
- If there is a difference of opinion between the health care provider and the KanCare Managed Care Organizations (MCO) (Aetna, Sunflower or United), the state makes the decision based on evidence.

## Where can I find more information on Kan-Be-Healthy/EPSDT?

- [Bright Futures](#)
  - [Schedule](#) for periodic checkups and testing
- Medicaid website
  - [EPSDT – A guide for States](#): Coverage in the Medicaid Benefit for Children and Adolescents
  - [EPSDT overview by Medicaid](#)
  - [What you need to know about EPSDT](#)
- For concerns or issues with Kan-Be-Healthy/EPSDT, Medicaid members and families can contact:
  - Kansas Department for Health and Environment at 1-785-296-3981

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