



Tobacco Cessation Information for OneCare Kansas Provider Partners

Tobacco use is the leading cause of preventable death in the United States. Because tobacco product use adversely impacts the health and wellness of Kansans, it is an important focus of the OneCare Kansas program. According to KDHE Bureau of Health Promotion data linked here <http://www.kdheks.gov/tobacco/> one in four Kansans uses some form of tobacco including conventional and e-cigarettes as well as smokeless tobacco. Nearly 4500 Kansas adults die every year from tobacco-related conditions. Most recently, there have been two recorded deaths in Kansas linked to vaping or e-cigarette use as reported here http://www.kdheks.gov/olrh/download/November_2019_full_Pop_Health_Webinar.pdf

Tobacco product use is the most prevalent substance use disorder in Kansas and is estimated to cost our State more than \$2 billion every year. Tobacco dependence is significantly higher in those with a behavioral health condition. Secondhand smoke exposure also adversely impacts health, as demonstrated in the KDHE report linked here http://www.kdheks.gov/tobacco/download/Secondhand_Smoke_Report.pdf One goal of the OneCare Kansas program is to identify and reduce tobacco product use and its associated harms including those related to secondhand smoke exposure.

As a step toward integration of tobacco treatment across Kansas, the OneCare Kansas Program has incorporated the NAMI KS Kansas Tobacco Guidelines for Behavioral Health Care linked here <https://namikansas.org/wp-content/uploads/sites/93/2018/04/Tobacco-Guideline-for-Behavioral-Health-Care-Current-Revision-1.pdf> On page six of your OneCare Kansas Provider Application, you were asked to identify the elements of these guidelines currently met by your facility. These guidelines are evidence-based, and you are strongly encouraged to incorporate them in your work with your assigned OneCare Kansas members. The related Implementation Self-Assessment linked here <https://namikansas.org/wp-content/uploads/sites/93/2019/06/Self-Assessment.pdf> may be helpful in your adoption of these guidelines. You may also find useful the associated Implementation Toolkit linked here <https://namikansas.org/wp-content/uploads/sites/93/2018/12/Final-Implementation-Toolkit-WEB.pdf>

In alignment with best practice and in order to identify and address tobacco use, the OneCare Kansas Health Action Plan--which is required for every OneCare Kansas member--contains the following tobacco use-related questions in the "Health Assessment" section on page two: you should review and update this information during each member encounter:

Tobacco use: <input type="text" value="Select"/>	Date Quit: <input type="text" value="MM/DD/YYYY"/>	Readiness to quit: <input type="text" value="Select"/>
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We encourage you to learn more about tobacco use, tobacco treatment, and secondhand smoke exposure as you prepare to identify tobacco use and/or secondhand smoke exposure in your assigned OneCare Kansas members. Additional tobacco use-related information, materials, and trainings, including information regarding billing for tobacco treatment services and Tobacco Treatment Specialist training opportunities, will be made available to you as part of the OneCare Kansas program requirements. For your convenience, a variety of tobacco cessation-related resources are currently posted on the State's OneCare Kansas website here <https://www.kancare.ks.gov/providers/onecare-ks-providers/providers-interested-onecare-kansas/informational-materials-for-providers/tobacco-cessation-information>